



## **CAREER COUNSELING**

Just one positive thought  
in the morning can change  
your whole day.



**KALEIDOSCOPE**

*Counselling for a Quality Life*

# About Kaleidoscope

Life is a journey through changes. As we evolve, we grapple with several changes which are physical, emotional and psychological. These changes often leave us confused and yearning for support and guidance. Kaleidoscope is your true friend and a mentor on this journey called life. We believe in a preventive and holistic well-being of an individual. We seek to understand and track these patterns of change to help make the journey of life, a smooth and fulfilling affair for individuals, organizations and communities.

**Kaleidoscope is steered by a team of experienced and internationally certified psychologists who have helped design programs, workshops and counseling sessions to suit individuals, cutting across all age groups.**

We provide a safe space for every individual to express their innermost feelings with ease, without judgment and with their dignity. We provide our services at our care centers and through our outreach programs. We aim to be the catalyst to reform whole communities and societies by making mental wellness a part of our ecosystem.



# Career Counseling

There comes a time in every student's life where they have to choose their future by opting for the right subject, school, college or job. It can become a very confusing time for them. Students find some subjects fascinating and want to pursue them for career, but due to lack of awareness about the scope of opportunities, they may end up dropping the subject altogether. Even after choosing the subjects carefully after class 10th or even 12th, they may find themselves puzzled or in doubt.

There are many factors that influence the career choices of students, like parental influence, peer pressure, glamour and look of a particular career or make-believe perfect career. With myriads of options for career and lack of proper knowledge about them, often leads to wrong career choices.

Students and parents are not aware that career choices should not be made based on its popularity, success rate or presence of a safety net.

The right career differs for each and every individual because it depends upon their personality, aptitude and interest.

Kaleidoscope has a team of expert career counselors and psychologists who, with the help of various scientific tools and techniques, help school, undergraduate and graduate students to make the right career decision. We analyze and assess the gap that persists between the capabilities of the students and their interests. Suitable career options are offered to students based on their skills, interests and market trends. This process helps to pave a path for every student that is appropriate and sustainable.

## Our Services:

**1.**

**Career  
Planning**

**2.**

**Career  
Coaching**

**3.**

**Career Guidance  
Workshops**



## Career Counseling Services

### 1. Career Planning

Career Planning is a structured approach to choose the right-fit career option. At Kaleidoscope, we have career planning programs for students according to their grade level. We offer **Stream Selection Program** for Grade 9th-10th , **Career Selection Program** for Grade 11th-12th and **Career Planning & Execution Program** for College Graduates. For all these programs, we follow a two-step approach for career planning:

#### 1.1 : Step 1 - Standardized Assessments

We use several standardized tools available with us to understand your Personality, Aptitude and Interest. These tools help us to identify your best-fit career options.

Additionally, our team of career psychologists have designed several career activities for you, to determine your key strength areas, skill-sets, work-environment type, values & belief systems. We provide a detailed report to you, with the top recommended career options along with the personality & aptitude analysis.

#### 1.2 : Step 2 - Career Counseling

Post assessment, you can come for career counseling sessions from our internationally certified counselors at our centre.

We provide a customized plan of action, access to all career resources, information about colleges, entrance exams, deadlines and 1-year online career query support.

## Career Counseling Services

# 2. Career Coaching

Career coaching is a personalized coaching to help those students who are clear about their career choice but need support in planning the road map for their career journey. At Kaleidoscope, our psychologists prepare a customized plan and strategy for you to develop the skill set, mind set and life-skills required on this journey. We support you in goal setting, devising action plan, building habits and daily rituals for your success. Additionally, we also help you build your professional profile including your Curriculum Vitae, LinkedIn profile and more.



## Career Counseling Services

### 3. Career Guidance Workshops

We provide new age career guidance workshops for school & college students regarding several upcoming career options from science & technology, commerce, and arts & humanities discipline to keep them updated. Our focus is to educate and guide students about latest opportunities, career paths, career facts, leading institutes, work description & future prospects.

*Note: We also offer one-to-one counseling and wide range of workshops for adolescents and young adults on life skills like stress management, anger management, body image issues, effective communication and so on. You may contact us for more information.*





## Why Us?



### Team:

- Internationally certified Mental Health Professionals
- Reputed Advisory Board
- Associated with the best Neurology tertiary Care Hospital
- In house expert team on research and development



### Centre:

- Specialized care centre
- Specifically designed boutique consultation rooms
- Five senses room for experiential comfort
- State of Art Facility



### Services:

- One stop solution for mental wellness services
- Preventive and promotive help for all age groups
- Assessments and evidence-based interventions
- Focussed Holistic well being
- Transparency, Confidentiality and Safe Space



### SENIOR CARE

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Joyful Companionship  
 Home Therapeutic Counseling  
 Alzheimer and Dementia Care  
 Home Management  
 Health Management  
 Bon Voyage  
 Elite Seniors Club



### CHILD & ADOLESCENT CARE

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Growth Monitoring Screening (GMS)  
 Counseling  
 Standardized Assessments  
 Workshops  
 Career Planning  
 Creative Therapies



### ORGANISATION SUPPORT

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Peak performance program  
 Trainings and workshops  
 one counseling services  
 Creative therapies



### ADULT CARE

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One-to-one Counseling  
 Couple Counseling  
 Family Counseling  
 Standardized Assessments  
 Workshops and Programs  
 Creative Therapies



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